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# POLISH ANNALS OF MEDICINE

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WARMIA AND MAZURY MEDICAL CHAMBER IN OLSZTYN • Żołnierska Str. 16 C, 10-561 Olsztyn, Poland  
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Olsztyn, February 8, 2016

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Report of the Editor in Chief  
Polish Annals of Medicine  
of 2015

In 2015 two volumes of Pol. Ann. Med. were published. First volume contained 14 articles, second volume 16 articles. There were 18 original articles, 9 case studies and 3 review articles.

An increase in publication of foreign articles (authorship or co-authorship) was noted: Indonesia – 2, Denmark – 1, China – 1, France – 1, Sudan – 1, Tunisia – 1, Romania – 1, Egypt – 1, Russia – 1, Lithuania – 1, Thailand – 1, Iran – 1, Nigeria – 1, Turkey – 1,

1. Countries according to the largest number of downloads of articles

2015	Usage	%
United States	2108	16
China	1235	9,4
United Kingdom	1124	8,6
Poland	1033	7,9
Australia	885	6,7
Colombia	427	3,2
Brazil	424	3,2
Turkey	336	2,6
Thailand	335	2,5
Malaysia	321	2,4
Mexico	310	2,4
Spain	270	2,1
France	265	2
Indonesia	264	2
Canada	250	1,9

Taiwan	225	1,7
Korea, Republic Of	224	1,7
South Africa	165	1,3
Italy	161	1,2
Portugal	159	1,2
Chile	154	1,2
Sweden	124	0,9
Netherlands	120	0,9
Ireland	114	0,9
Germany	108	0,8
Singapore	107	0,8
Japan	105	0,8
Belgium	100	0,8
Israel	92	0,7
New Zealand	89	0,7
Lebanon	86	0,7
Philippines	85	0,6
Peru	74	0,6
Slovenia	72	0,5
Iran, Islamic Republic Of	69	0,5
Algeria	65	0,5
Hungary	63	0,5
Finland	59	0,4
Romania	54	0,4
Latvia	53	0,4
Czech Republic	52	0,4
Saudi Arabia	51	0,4
Nigeria	45	0,3
Pakistan	45	0,3
India	42	0,3
Greece	39	0,3
Switzerland	37	0,3
Hong Kong	36	0,3
Serbia	35	0,3
Slovakia	35	0,3
Lithuania	31	0,2
Ethiopia	28	0,2
Norway	28	0,2
Estonia	27	0,2
Tunisia	27	0,2
Costa Rica	25	0,2
Puerto Rico	23	0,2
Morocco	22	0,2
Argentina	21	0,2
Egypt	20	0,2
Russian Federation	19	0,1
Austria	16	0,1

Denmark	16	0,1
Iceland	15	0,1
Jordan	13	0,1
Ghana	10	0,1
Uruguay	10	0,1
Bulgaria	9	0,1
United Arab Emirates	7	0,1
Botswana	6	0
Cyprus	5	0
Ecuador	5	0
Oman	5	0
Croatia	4	0
Kuwait	4	0
Viet Nam	4	0
Brunei Darussalam	2	0
Cuba	2	0
Kazakhstan	2	0
Lesotho	2	0
Bosnia And Herzegovina	1	0
Panama	1	0
Qatar	1	0
Venezuela, Bolivarian Republic Of	1	0
Zambia	1	0

2. The most popular articles:

Downloads	Article title	Vol./iss.	Publication date
112	<a href="#">Effectiveness of Kinesio Taping on hypertrophic scars, keloids and scar contractures (Karwacinska, J.; Kiebzak, W.; Stepanek-Finda, B.; Kowalski, I.M.; Protasiewicz-Faldowska, H.; Trybulski, R.; Starczynska, M.)</a>	19/1	sty-12
111	<a href="#">Selected palatal suture expansion techniques in the treatment of transverse maxillary narrowings - Literature review (Dobrzynski, M.; Miskow, K.; Dowgierd, K.)</a>	20/2	sty-13
100	<a href="#">NDT-Bobath method in post-stroke rehabilitation in adults aged 42-55 years - Preliminary findings (Mikolajewska, E.)</a>		
96	<a href="#">Characteristics of cow's milk proteins including allergenic properties and methods for its reduction (Micinski, J.; Kowalski, I.M.; Zwierzchowski, G.; Szarek, J.; Pierożyński, B.; Zablocka, E.)</a>	20/1	sty-13
92	<a href="#">Guillain-Barre syndrome - Literature overview (Kopytko, D.; Kowalski, P.M.)</a>	21/2	sty-14
88	<a href="#">Intervention studies on scoliosis - Review of the reviews (Weiss, H.R.)</a>	19/1	sty-12
87	<a href="#">Diabetic neuropathy (Matuszewski, W.; Bandurska-Stankiewicz, E.; Wiatr-Bykowska, D.; Myszkowska-Podgórska, K.; Kaminska, U.)</a>	20/2	sty-13
86	<a href="#">Prevalence of malnutrition among children under five years old in Khartoum State, Sudan (Musa, T.H.; Musa, H.H.; Ali, E.A.; Musa, N.E.)</a>	21/1	sty-14
84	<a href="#">An insight into the plantar pressure distribution of the foot in clinical practice: Narrative review (Deepashini, H.; Omar, B.; Paungmali, A.; Amaramalar, N.; Ohnmar, H.; Leonard, J.)</a>	21/1	sty-14

83	<a href="#">Types of physical activity during pregnancy (Makara-Studzinska, M.; Kryś-Noszczyk, K.; Starczynska, M.; Sieron, A.; Sliwinski, Z.)</a>	20/1	sty-13
81	<a href="#">The effectiveness of rehabilitation procedure after the reconstruction of the anterior cruciate ligament according to the norwegian protocol (Lemiesz, G.; Lemiesz, E.; Wolosewicz, M.; Aptowicz, J.; Kuczkowski, C.)</a>	18/1	sty-11
78	<a href="#">Scabies: Clinical manifestations and diagnosis (Korycinska, J.; Dzika, E.; Lepczynska, M.; Kubiak, K.)</a>	22/1	sty-15
73	<a href="#">The effect of Kinesio Taping on maximal grip force and key pinch force (Donec, V.; Varzaityte, L.; Krisciunas, A.)</a>	19/2	sty-12
67	<a href="#">Movement pattern and muscle balance as a source of lumbar spine health according to the concept of Kinetic Control (Hadala, M.; Gryckiewicz, S.)</a>	21/2	sty-14
62	<a href="#">Myofascial force transmission in sacroiliac joint dysfunction increases anterior translation of humeral head in contralateral glenohumeral joint (Joseph, L.H.; Hussain, R.I.; Naicker, A.S.; Htwe, O.; Pirunsan, U.; Paungmali, A.)</a>	21/2	sty-14
56	<a href="#">A current opinion on the safety and efficacy of doxycycline including parenteral administration - A review (Majewski, M.)</a>	21/1	sty-14
55	<a href="#">The effects of bovine milk fat on human health (Miciński, J.; Zwierzchowski, G.; Kowalski, I.M.; Szarek, J.; Pierożyński, B.; Raistenskis, J.)</a>	19/2	sty-12
53	<a href="#">Recurrent residual choledocholithiasis after cholecystectomy - endoscopic exploration of bile ducts performed 6 times (Komarowska, M.; Snarska, J.; Troska, P.; Suszkiewicz, R.)</a>	18/1	sty-11
51	<a href="#">Rehabilitation for chronic obstructive pulmonary disease patients (Olszewska, J.)</a>	18/1	sty-11
51	<a href="#">The role of Blastocystis sp. as an etiology of irritable bowel syndrome (Lepczynska, M.; Dzika, E.; Kubiak, K.; Korycinska, J.)</a>		
48	<a href="#">Autism in Poland in comparison to other countries (Piskorz-Ogorek, K.; Ogorek, S.; Cieslinska, A.; Kostyra, E.)</a>	22/1	sty-15
45	<a href="#">Skiing and snowboarding sport injuries (Onik, G.; Szopa, A.; Domagalska-Szopa, M.; Knapik, K.; Sieron-Stoltny, K.)</a>	21/1	sty-14
41	<a href="#">Prostate cancer topography (Purpurowicz, Z.; Sulik, M.; Maruszak, K.; Purpurowicz, R.; Liss, R.; Lewandowski, W.; Dabrowska, A.)</a>	22/1	sty-15
38	<a href="#">Electromagnetic radiation in modern medicine: Physical and biophysical properties (Sowa, P.; Rutkowska-Talipska, J.; Sulkowska, U.; Rutkowski, K.; Rutkowski, R.)</a>	19/2	sty-12
38	<a href="#">Olfactory receptors and the mechanism of odor perception (Farbiszewski, R.; Kranc, R.)</a>	20/1	sty-13

### 3. The most cited articles:

Authors	Title	Year	Volume	Issue	Cited by	Document Type
Donec, V., Vanaityte, L., KriėiuAnas, A.	The effect of Kinesio Taping on maximal grip force and key pinch force	2012	19	2	4	Article
Miciński, J., Zwierzchowski, G., Kowalski, I.M., Szarek, J., Pierożyński, B., Raistenskis, J.	The effects of bovine milk fat on human health	2012	19	2	4	Review
Kowalski, I.M., Protasiewicz-Faldowska, H., Siwik, P., Zaborowska-Sapeta, K., Dqbrowska,	Analysis of the sagittal plane in standing and sitting position in girls with left lumbar idiopathic scoliosis	2013	20	1	3	Article

A., Kluszczyński, M., Raistenskis, J.						
Kowalski, I.M., Kotwicki, T., Siwik, P.	Analysis of diagnostic methods in trunk deformities in the developmental age	2013	20	1	3	Article
Paczuski, R., Cieślicka, M.	The moderate physical exercise significantly increases von Willebrand's factor activity and concentration in the blood	2013	20	2	3	Article

#### 4. Articles for promotion on the journal's website:

Authors	Title	Year	Volume	Issue
Donecc, V., Vanaityte, L., KriėiuAnas, A.	The effect of Kinesio Taping on maximal grip force and key pinch force	2012	19	2
Miciński, J., Zwierzchowski, G., Kowalski, I.M., Szarek, J., Pierożyński, B., Raistenskis, J.	The effects of bovine milk fat on human health	2012	19	2
Kowalski, I.M., Protasiewicz-Fałdowska, H., Siwik, P., Zaborowska-Sapeta, K., Dąbrowska, A., Kluszczyński, M., Raistenskis, J.	Analysis of the sagittal plane in standing and sitting position in girls with left lumbar idiopathic scoliosis	2013	20	1
Kowalski, I.M., Kotwicki, T., Siwik, P.	Analysis of diagnostic methods in trunk deformities in the developmental age	2013	20	1
Paczuski, R., Cieślicka, M.	The moderate physical exercise significantly increases von Willebrand's factor activity and concentration in the blood	2013	20	2
Michałowska M., Znorko B., Oksztulska-Kolanek E., Kamiński T., Pawlak D.	A view at monoclonal antibodies in therapy of osteoporosis	2015	22	2
Tymecka-Woszczerowicz A., Wrona W., Kowalski P.M., Hermanowski T.	Indirect costs of back pain – Review	2015	22	2
Dobrzyński, M.; Miskow, K.; Dowgierd, K.	Selected palatal suture expansion techniques in the treatment of transverse maxillary narrowings - Literature review	2013	20	2
Matuszewski, W.; Bandurska-Stankiewicz, E.; Wiatr-Bykowska, D.; Myszka-Podgórska, K.; Kamińska, U.	Diabetic neuropathy	2013	20	2

Plan for further activities and objectives achievement:

- Entry to the indexing database PubMed Central, Medline, Web of Science,
- Entry to the list of Journal Citation Report.

Ways of achievement:

- Invitation for editor cooperation of the young members of Warmia and Mazury Chamber of Physicians,
- Editor openness to cooperate with each member of the Chamber showing social commitment.

Editor-in-Chief the Polish Annals of Medicine

Prof. Ireneusz M. Kowalski, MD, PhD